

Dr. Karen R. Perkins D.B.A.

Dr. Perkins, or as her students call her, Dr. K. is an engaging international speaker, internal reset expert, a best selling author, a highly sought after business leader and consultant in both the private and public sectors. For over 20 years, she has counseled and taught organizations, groups, and individuals, giving them the keys to personal and organizational growth and how to recognize and fulfill their own immeasurable potential.

Dr. Perkins spent over two decades as a business leader, consultant, a key note speaker, and has mentored and taught over 500,000 people worldwide to positively improve. By following her advice and guidelines, thousands have improved work performance, their company's bottom line and their own well-being. Her students learn to promote happiness at any level within the organization. They also experience great success in their personal lives, improve their communication and relationship skills and have enhanced their self-esteem and confidence.

Dr. Perkins specializes in helping top executives polish their speaking and communication skills, and promote corporate wellness including: emotional intelligence, change management, overcoming barriers and personal fears, team building, leadership, communications, conflict resolution, and stress management. Dr. K. uses a toolkit that includes multi-media, Internal Reset Therapy[®], one-on-one and group Internal Reset sessions, corporate keynote presentations, and seminars.

The next time you need a keynote speaker, workshop leader or executive consultant, request Dr. Karen Perkins. You and your team will be enthralled and eager to make life changes.

Call today to book Dr. K

602-751-7401

Bookings@dr-perkins.com



Achievements

Education

- Doctorate, Business Administration
- MBA, Project Management
- Certified Reset Coach

Work History

- C-Suite Positions including CEO, COO, and several Directorships
- Consultant to Fortune 500
- Motivational Speaker
- Adjunct Professor
- Leadership/Training/Mentor Consultant/Internal Reset Therapist[®]

Awards & Affiliations

- Certified Public Manager (CPM)
 - Utah Society Certified / Board Member
- Who's Who in Malaysia
- Who's Who Among Professional Women in USA
- Partners in Business
 - Superior Leadership Award
- The Millionaire Maker Team
 - Lead Coach, Mentor and Reset Coach
- Global Leaders
- Leadership & Change Innovators

Schedule Karen

Master of Ceremonies

Corporate Key Notes

- Executive Presentation Skills
- Emotional Power
- Sustainable Positive Company Culture
- Intuitive Leadership
- Dealing with Difficult People
- Core Communication & Social Skills for all Situations

Consulting

- Executive Communication
- Corporate Wellness
- Organizational Change
- Business Readiness

Acclaim

"Dr. Perkins is a skilled presenter with an excellent mastery of her subject and a keen understanding of adult learning. Most interesting course I've been to in years. I was surprised how much she motivated me."

"Karen made me laugh, think, cry and wonder. She shed light on subjects I had not only previously learned but had taught. What fun!"

"Wow! Wow! I mean really WOW! I laughed, I cried and I gained the courage I need to follow my heart, comfortably invest in myself, and to be happy as well as successful!"

Publications

- Emotional Power (Amazon Best Seller)
- Blooming into Your Purpose (International Best Seller)

Audio CD series with Workbook

- Customer Service—Because it Matters
- Serving Two Masters—Working with Multiple Bosses

Personal Motivation Series

- Internal Strength
- Living Stress Free
- And more...